

What can you expect at a sub-acute / stepdown facility?

- ◆ 24/7 Nursing care by trained nurses and caregivers
- ◆ A general practitioner who does ward rounds once a day
- ◆ Physios, occupational- and speech therapists assisting with rehabilitation as motivated by the referring physician
- ◆ Wound care Sister available if needed
- ◆ 3 Meals a day with a small snack in the evening

Who is responsible for the authorization from the medical aid?

- ◆ The referring doctor sends a motivational letter to the administrative department (case managers) of the hospital
- ◆ The letter is then sent to us, Lynnmed clinic, where we directly call the medical aid for authorization
- ◆ Once we receive confirmation of the authorization, we contact the hospital so that transfer from the hospital to us can take place

How am I transported from the hospital to Lynnmed clinic?

- ◆ The hospital will arrange for you to be transported by ambulance
- ◆ The ambulance contacts us, Lynnmed clinic, for confirmation that the medical aid had approved the authorization
- ◆ Once approval has been completed, the ambulance will contact us and let us know when the transfer will take place

What happens during admission?

- ◆ A thorough well-being assessment is done by the nursing staff and rehabilitation team
- ◆ If possible, forms are filled in, otherwise we arrange for the family members to fill them in during their first visit
- ◆ All medication and personal items are listed and stored away
- ◆ Specific diets (due to medical reasons) are communicated to the kitchen

What do I bring with me as a patient?

- ◆ Comfortable daywear for rehabilitation, nightwear, toiletries (toothbrush, hairbrush, soap, washcloth, etc.) - just like your hospital bag

What should my family know?

- ◆ COVID: Visiting hours are adjusted according to the restriction regulations. Please contact the clinic to ask about current visiting hours
- ◆ Progress WhatsApp messages will be sent to a family member and appointments with the consulting doctor, at Lynnmed, can be made between 07h30 and 08h00 via telephone
- ◆ They can bring clean clothes, flowers or gifts and, if you ask for anything specific, we will notify them
- ◆ That you, as the patient, are in good hands. We undertake to send you home as soon as possible